



Winter is coming and it feel like it is here now.

It may be cold outside but I can't help but appreciate the changing of the season and fresh and vibrant colours in our gardens.

Welcome to "bumper" edition of our Newsletter

Influenza Vaccination Update

I am happy to report that all residents (who were able to) have participated in the annual 2021 flu vaccination program..... just in time to commence the COVID-19 vaccination program.

Families and Representatives please note that in line with Commonwealth and SA Health directions anyone entering a Residential Aged Care Facility must have participated in the 2021 flu vaccination program and provided us with evidence for our records.

Our GPs and Staff have worked tirelessly to get all the residents ready for COVID-19 vaccine rollout!

COVID-19 Vaccine Update WE HAVE DATES!!!!

Thank you to all Residents and Families who have advised us if they are going to proceed with having the Pfizer COVID-19 Vaccine. I can now confirm that we have been provided with the dates to commence this program.

Only resident (and /or their representatives) that have consented to the COVID-19 vaccine will be eligible to have it on the scheduled day (s) of the vaccine program. If you have not

yet consented and have decided to participate in the COVID-19 Vaccine Program please let us know urgently so we can go through the consent process. Participation in the COVID-19 program is not mandatory.

The residents who are having Pfizer COVID-19 Vaccine will have x2 injections of the vaccine 21 days part.

The urgency with getting the flu vaccinations done was we needed 14 days between the Influenza Vaccine and COVID-19 Vaccine otherwise resident wouldn't be able to have the flu vaccine till late June 2021.

I thank you all for your patience.

FINDON DAY 1 COVID-19 Vaccine

FRIDAY 21st MAY commencing from 8am

HOPE VALLEY DAY 1 COVID-19 Vaccine

MONDAY 24th MAY commencing from 8am

The second dose is administered 21 days later

The team appointed by the Commonwealth will be coming in to do the vaccination and staff from Ananda will be there to support the residents.

We have been advised that there will be up to 6 representatives coming on the day coming to assist. Their team comprises of a First Aid personnel, vaccine administration personnel, Clerk, Concierge and security.

We have done a "mock" walk through of the process across both homes as we mark out the area where the vaccinations will be taking place:

Holding Bay area - where consent is checked again and another set of observations are done

Vaccination area - where COVID-19 vaccination is given ensuring privacy and dignity

Recovery area - where residents are supported post vaccination and further observations are done.

All residents participating in the program will be closely monitor post vaccination.

We are in constant contact with the PHN (Primary Health Network) who are assisting the roll out and will advise if there are any changes to dates.

Serious Incident Response Scheme

Just an update re the Serious Incident Response Scheme (SIRS) which came into effect Mon 1st April 2021. SIRS is a new Government initiative to help reduce the risk of abuse and neglect for people living or staying in a residential aged care home.

The scheme requires aged care providers to identify, record, manage, resolve, and report all serious incidents that occur or are alleged or suspected to have occurred, in a residential aged care service. Underpinning the SIRS is a requirement for residential aged care providers to have in place an effective incident management system - a documented set of protocols, processes, and standard operating procedures - to manage all incidents, respond to incidents, and take steps to make sure they do not happen again. The incident management system covers a broader range of non-reportable incidents and includes incidents that involve staff or visitors.

Ananda is training all staff in the reporting of incidents under the new SIRS process and a mandatory course will be completed by all staff each year.

Read more about SIRS by clicking below:

[FACT SHEET FOR CONSUMERS](#)

Australian National Aged Care Classification (AN - ACC)

The Department of Health has been working on a new Residential Aged Care Service Funding model and classification since 2016 - 2017. This will be a significant reform in the way assessments are conducted on permanent aged care recipients. It is expected that from April 2021 to early 2022 homes will participate in a "shadow assessment" trial period. The system we use at present is called ACFI. This is an excellent opportunity to review assessment processes.

When we are advised of the "shadow assessment" we will advise everyone further.

Maintenance Update

Please note we undertake regular Test and Tag of all electrical equipment. All resident electrical equipment is tested and tagged every two (2) years and electrical equipment for the rest of the home is annually. Please advise us if you have brought in any electrical

equipment as it needs to be tested and tagged for safety – there is a small fee for this.

Recently we have been investigating an electrical fault at our Hope Valley home that has been impacting the internet in A2. We have had SA Power Networks and our Electrician out multiple times working with our Maintenance Team for a resolution. I thank you for your patience as we resolve this situation.

New Staff Arrivals and Staff Departures

It's always hard to farewell a staff member who has contributed and made a difference to resident care and wellbeing. As much as it's hard to say goodbye we must support staff who move onto new and exciting opportunities.

FAREWELL

Shelly Pasricha our CNC from Hope Valley has decided it was time to move on and focus on family.

We thank Shelly for her commitment and care shown to all residents and to making a difference in their lives.

We wish Shelly all the very best for the future.

Michael Page our Workforce Executive has been with Ananda for nearly three years and has also decided to move on to new opportunities.

Michael brought us Resident Focused Care and an amazing staff communication system Ananda Staff Blogs and Ananda Academy.

Michael was based at Findon during the initial stages of the COVID-19 pandemic in 2020 prior to leading the Workforce Executive portfolio.

We wish Michael all the very best for the future and I know you will all join with me and thank you for his commitment to Resident Focused Care.

We look forward to Michael coming back and having a farewell afternoon tea at Findon.

WELCOME

Joining the Ananda Team is Anith Nair into the Clinical Nurse Consultant role at our Hope

Valley Home.

Anith brings with him a wealth of experience and knowledge in the aged care environment and has started to get to know staff, residents and families.



Marjorie Soliven has joined the Findon team as a Clinical Nurse/Registered Nurse supporting our CNC Daniel.

Marjorie also brings a wealth of experience and knowledge and is excited to bring that to Ananda Findon.

Marjorie has already met most residents and staff and will continue to meet families during

the coming weeks.



SO WHAT ELSE HAVE WE BEEN DOING

ANZAC DAY

It was beautiful to be able to acknowledge ANZAC Day this year and host a service across both homes.

It was an opportunity for us to come together and acknowledge the struggles of the past 12 months and support each other to move forward. Thank you all for your contribution and dedication.



Art and Mindfulness have a way of bringing out the creative side in people and at our Findon

home creativity swept across the home like a rainbow we truly have some amazing artists and resident with an eye for the detail. We hosted an Art Exhibition and Award Show presenting our amazing participants with a Certificate of Participation and award gift. Resident are now getting ready for the next Art Show.

I have had a “sneak peak” at the art work being done by our Hope Valley residents and am looking forward to hosting their Award Show in the coming weeks with more Certificate and gifts.



Compassion, Comfort, Care

Art, concerts, bingo, quiet reflection, enjoying the fresh air and being with friends, together

we got this.



Sustainable Garden Project - Hope Valley

Recently Michael Brown joined us to undertake a Sustainable Garden Project. Michael met with residents and went back and designed a standalone garden bed that would sit alongside our existing garden beds in the Memorial Garden at Hope Valley. Michael then worked with our residents to create a beautiful raised garden bed that once established will be flowering brightly and long with some “garden fresh” herbs. Thanks so much for this Michael with was fantastic to work with you. I think you will agree the “before” and “after” shots are pretty impressive.



Thank you for your ongoing support and feedback it is greatly appreciated.

**Kind Regards
Karen Daniels-Goddard
Director of Nursing
Ananda Aged Care**