



Hope Valley



Enriched by the values of family, Ananda is a place where respect, integrity of life and compassion are supported by holistic care and well-being experiences.

anandaagedcare.com.au



The origins of 'Ananda' being defined as 'great bliss', captures the foundation and spirit with which we deliver holistic care, striving at all times to enhance the well-being of our residents through meaningful experiences and best-practice service.

Ananda Aged Care upholds a strong tradition of providing aged care services based on authentic family values and a history of pride in treating every resident and staff member as part of our extended Ananda family.

Our Hope Valley site is a contemporary architecturally designed and purpose built 137 bed facility. Beautifully appointed and nestled on 6000sqm of landscaped gardens, Ananda is located under 15km from Adelaide's CBD. Positioned near amenities such as Westfield Tea Tree Plaza, numerous medical practices and Moadbury and North Eastern Community Hospitals. Public transport via bus is on Ananda's doorstep. The easy access to Tea Tree Plaza's O-Barn interchange and the city provides sought after convenience for residents and their families.

Our dedicated and collaborative team deliver individually centred care, companionship and activities to stimulate and fulfil the lifestyle of our residents. Dementia specific amenities, including secure indoor and outdoor areas, enable us to cater to varying levels of care requirements with excellence.

Throughout the wide, light-filled corridors you'll discover built-in divan lounges and cosy nooks, which provide conversational areas for residents and visitors alike. The exemplary building design includes angled and curved walls which create inviting spaces and engage residents with a changing pace of environment and physical energy. Ananda Aged Care Hope Valley delivers the comforts of everyday living such as BBQ courtyard facilities, alfresco cafe-style dining, kiosk, several casual private meals areas and open plan central dining and activities hub, ensuring residents a fulfilling experience beyond their own room accommodation. Our inviting common areas are fitted with large flat screen televisions in which residents can dine in informal groups, take part in activities such as bingo, crafts, dancing and cards, immerse themselves in crosswords and puzzles, or simply enjoy a hot cuppa and freshly baked scones from the kitchen.

Accommodation provides platinum single room with lounge and kitchenette, gold single rooms with lounge area, as well as single and double options, all with ensuite bathrooms. Rooms have been furnished in a neutral designer palette, with beech wood fixtures, sleek built in storage cupboards and shelving enabling residents to personalise their space to enrich their living comfort. Contemporary electric beds, feature glass panelling to ensuites, luxurious padded armchair, flat screen television, individually controlled reverse cycled air conditioning and opening window to the outdoors add to the home like ambience of each room. Please see our supplementary room guide or website for more details or to book a tour.

Ananda's compassionate and caring staff are supported by many volunteers who selflessly give their time to enhance the well-being of the residents in our care. From facilitating activities to providing one on one care and companionship, volunteers are an important part of our holistic care community.



Ananda's large indoor recreation area provides stunning floor to ceiling views and access to our War Memorial rose garden. It is a popular location for residents to relax and savour the view, or take part in activities such as indoor lawn bowling. Our Leisure & Lifestyle Coordinator arranges activities to cater to resident's needs as well as themeing them to key events during the year. Activities extend beyond the facility providing residents opportunities to attend outings such as scenic drives and participate in bowling championships.

Our on site chef and kitchen staff provide nutritious home style cooking choices prepared to the needs of the residents. At Ananda we pride ourselves on using market fresh ingredients to maintain a delicious balanced daily menu. Residents are supported with our door to door laundry and linen service and hairdressing facilities ensuring their well-being and personal care needs are met.

Ananda Aged Care offer extra service items for purchase via our website. These are ideal for family or friends who would like to indulge their loved one for a special occasion or a surprise. We are committed to continuous improvement and innovation through reinvesting in our staff, facilities and the communities we serve.



Ananda's passion is providing respect and comfort to residents and their family. We feel privileged to have you entrust the care and well-being of yourself or your family member to us.



Care elements of our service delivery are the management of pharmaceuticals and medical reviews enabling us to meet the individual needs of people with diverse health issues and disabilities. Onsite physiotherapy provides residents with specific care, rehabilitation or strengthening activities to aid independence and mobility. The facility hasn't any ramps or stairs and incorporates design features and current technology to assist residents in maintaining their independence as much as possible.

Ananda Aged Care Hope Valley has been designed to maximise the light, air and space of the interiors ensuring a warm and welcoming atmosphere. Commitment by our team to the living environment is evident through the graciously appointed decor, stunning timber design features, sumptuous soft furnishings and meticulously kept gardens and courtyards.

Several lounge and recreation areas flank the four wings of the facility, whilst the spectacular glass hallways and full length windows allow uninterrupted views to the outdoors.



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Please contact us on 08 8397 7500 or email hopevalley@anandaagedcare.com.au to arrange a tour and discuss your individual needs



Our accommodation can be viewed in more detail at <http://www.anandaagedcare.com.au/facilities>