



Findon



Enriched by the values of family, Ananda is a place where respect, integrity of life and compassion are supported by holistic care and well-being experiences.

anandaagedcare.com.au



The origins of 'Ananda' being defined as 'great bliss', captures the foundation and spirit with which we deliver holistic care, striving at all times to enhance the well-being of our residents through meaningful experiences and best-practice service.

Ananda Aged Care upholds a strong tradition of providing aged care services based on authentic family values and a history of pride in treating every resident and staff member as part of our extended Ananda family.

Nestled just off Findon Road only 9km from Adelaide's CBD, we are located a short distance from amenities such as Findon Shopping Centre, numerous medical practices and The Queen Elizabeth and Western Hospitals. With public transport access via bus on Findon & Grange Roads and with ample onsite and adjacent street parking, Ananda Aged Care Findon is a convenient choice for residents and their families.



Accommodation options offered include, platinum single or couples room with lounge, ensuite & courtyard views. Platinum single room with lounge area and ensuite as well as single or double options either with ensuite or easily accessed bathrooms. All rooms include electric beds, ample storage, shelving, padded contemporary armchair, flat screen television, individually controlled reverse cycle air conditioning and opening windows to the outdoors. Residents are encouraged to personalise their living space to enrich their comfort. Please see our supplementary room guide or website for more details.

The numerous smaller dining and common areas provide an amiable and relaxed atmosphere for residents to socialise, share meals and engage in activities such as playing cards, bingo and socialising. Common rooms are fitted with large flat screen televisions and furnished to create a home-like ambience. The central activity room is a perfect place for residents to come together to entertain, be entertained or immerse themselves in a multitude of leisure and lifestyle activities. A specialist art teacher runs workshops such as painting & clay as well as daily events and themed activities throughout the year. Striking examples of our residents collaborative ceramic art pieces are displayed as wall art in the courtyards.



Ananda's compassionate and caring staff are supported by many volunteers who selflessly give their time to enhance the well-being of the residents in our care. From facilitating activities to providing one on one care and companionship, volunteers are an important part of our holistic care community.



Our on site chef and kitchen staff provide nutritious home style cooking prepared to the needs of our residents. At Ananda Aged Care Findon we pride ourselves on using market fresh ingredients to maintain a delicious daily menu. Residents are supported with our door to door laundry and linen service and hairdressing facilities ensuring their well-being and personal care needs are met.

Ananda Aged Care offer extra service items for purchase via our website. These are ideal for family or friends who would like to indulge their loved one for a special occasion or a surprise. We are committed to continuous improvement and innovation through reinvesting in our staff, facilities and the communities we serve.



Ananda's passion is providing respect and comfort to residents and their family. We feel privileged to have you entrust the care and well-being of yourself or your family member to us.



Our staff are dedicated to making your life at Ananda Findon stimulating and fulfilling. Our passionate and vibrant team deliver individually centred care, companionship, lifestyle and leisure activities and support to ensure the well-being of all our residents.

Ananda Aged Care Findon is a secure 2 wing, 53 bed facility with dementia specific amenities in our Rose Wing enabling us to cater to varying levels of care requirements. The Ananda team is committed to the ongoing maintenance, presentation and refinement of our Findon facility, led by our Living Environment Officer. Our commitment to continuous improvement has resulted in a further extension and building renovation planned for completion in 2015.

Care elements of our service delivery are the management of pharmaceuticals and medical reviews enabling us to meet the individual needs of people with diverse health issues and disabilities. Onsite therapy rooms provide residents with specific care, rehabilitation or strengthening activities to aid independence and mobility.

Both our Rose & Iris wings have access to multiple gardens & courtyards where residents can delight in the opportunity to tend to the fruit trees or raised garden beds. Secure outdoor areas provide cafe-style alfresco dining, whilst landscaped gardens allow residents and visitors alike the ideal place for peaceful relaxation, afternoon tea or taking a stroll along the picturesque walkways.



Findon

2 Malkin Way, Findon SA 5023
Phone 08 8445 9720 Fax 08 8345 6447
anandaagedcare.com.au

Please contact us on 08 8445 9720 or email
findon@anandaagedcare.com.au
to arrange a tour and discuss your individual needs



Our accommodation can be viewed in more detail at
<http://www.anandaagedcare.com.au/facilities>